

BRITANNIA RESTAURANT

LUNCH

CANYON RANCH SPA SELECTIONS

Cream of Parsnip Soup 120/3/2 (V)
Moroccan Vegetable Stew with Couscous and Harissa Sauce 385/9/10 (V)
Fresh Fruit Plate 120/tr/6

APPETIZERS AND SOUPS

Tartare of York Ham, Egg Mimosa, Sun-dried Tomato
Mixed Herrings, Apple Carrot Slaw, Sour Cream Flan
Scotch Broth
Chilled Pineapple Piña Colada Soup (V)

SALAD AND SANDWICH

Mixed Gourmet Greens, Olives, Mozzarella, Fresh Tomato, Crisp Cucumber, Alfalfa
Sprouts, Red Cabbage and Crunchy Croutons with Creamy Garlic Dressing (V)
Marinated Grilled Chicken Breast, Avocado, Tomato and Mature Cheddar Cheese in a Kaiser Roll

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ENTRÉES

Spaghetti Bolognese
Fisherman's Pie topped with Mashed Potatoes
Calf's Liver Berlinoise, Mashed Potatoes, Sage Jus
Mixed Vegetable Korma, Saffron Rice (V)

DESSERTS

Sherry Trifle
Raisin Rice Pudding, Strawberry Sauce
Low Sugar Forest Berry Mousse, Marinated Strawberries
Dulce de Leche, Strawberry Ice Creams, Vanilla Frozen Yoghurt, Peach Sauce

Nutrition Key : Calories / Fat Grams / Fibre Grams (V) Indicates dishes suitable for Lacto-ovo-vegetarians

* Public Health services have determined that eating raw, undercooked or partially cooked meats, seafood, shellfish, eggs, milk, or poultry may present a health risk to the consumer and may increase your risk for food borne illness especially if you have certain medical conditions.

These menu items are individually marked by an asterisk.